Thank you so much for getting updated contact details returned to school so promptly. We appreciate your patience around this. Another big thank you to you all around being diligent in letting us know when your child is going to be away and for what reason. Your part in this process has made the transition to “every day” absence notification a manageable one for us, so I thank you very much.

TIME OUT
We have had quite a bit of sickness and little bugs going around at school. Term 3 is well known to be the term where this is predominant, not just for students, but also for staff and parents too! The recovery time from sickness is important as far as keeping the impact of a virus or sickness at bay in relation to infecting others. I have added the updated version of the “Time Out” chart produced by Queensland Health into this newsletter to help you decide when is the appropriate time to send your child back to school again. The old version hard copy can also be found in your school handbook and on the website.

Country Connections Video Launch
As a culminating event and to launch the much anticipated Country Connections Video, Southbrook Central SS along with all the other involved schools from our cluster have been invited to attend the official launch to be held at the Pittsworth Town Hall on Tuesday 23rd August, 10am. All of the children (with returned permission forms) from Southbrook will be attending this event and I am sure some parents are also interested to see what this project was all about. If you would like to attend, please write the date in your diary. We’d love to see you there. Keep an eye out for that permission letter to be sent home soon.

Tallebudgera Camp News
We wish our year 5 & 6 students the very best time as they head off to Tallebudgera for their biennial coastal camp Monday 8th August and return Friday 12th August. I hope the weather is perfect, but even if it is not, I know the very slick machine of Tallebudgera Camp School will have their Plan B ready to go and more than likely, just as much fun. A huge thank you to Clint Roberts who has so kindly volunteered to drive them to camp and then to pick them up on Friday. Thank-you Clint, this has kept the cost of attending camp to its minimum. Congratulations to the fundraising parents who worked on fundraising events through the year. The amount raised combined with the P&C subsidy resulted in a NIL cost to send their children to camp this year. An absolutely fabulous outcome!!

PBL Update
Jude and I attended a Professional Development Day about Problem Solving Teams for Positive Behaviour Learning last week. This training will enable our school to move to the next level of PBL and independently manage complex behaviours in students. It will allow teachers to identify students who have consistent and ongoing minor behaviour issues to be dealt with in a focused and effective way. Jenny McCarthy will be visiting Jude and

Students of the Week
Term 3 Week 3
Bon Rickert
Paige Hassall
Lachlan Berghauser
Georgina Roberts
Fletcher Simpson
Harry Marchant

Week 4
Reagan Collin
Chaz McNab
Shelaye McNab
Blair Hassall
Jacob Scobie

Dates to Remember
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>8-12th August</td>
<td>Year 5 &amp; 6 students at Tallebudgera Beach Camp</td>
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<tr>
<td>16th/17th August</td>
<td>Regional Principals’ Business Meeting</td>
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<tr>
<td>17th August</td>
<td>Regional Principals’ Data Roadshow</td>
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<tr>
<td>18th August</td>
<td>P&amp;C Meeting</td>
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<tr>
<td>22nd August</td>
<td>Book Week</td>
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<tr>
<td>23rd August</td>
<td>Josh Arnold Video Launch</td>
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<tr>
<td>25th August</td>
<td>Assembly-Book Trail Characters Dress-up</td>
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<tr>
<td>5th September</td>
<td>Sporting School finished</td>
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<tr>
<td>6th September</td>
<td>Darling Downs Athletics</td>
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</table>
myself next Thursday to complete our action plan and review/sharpen our data decision rules that we use for our Pentagon reward/consequence system ie three minors/1 major lose Pentagon Day invitation. I will update you further as we work towards establishing our Problem Solving Teams. We have a dedicated PBL meeting once a term and I am seeking a new parent representative on this team. It has been some time since our last parent representative has been able to attend these meetings. If you are interested in being part of this team, please either email or come and see me. Our next scheduled meeting is Tuesday 16\textsuperscript{th} August, 3.30pm in the staffroom.

On the horizon

**Week 5**

- Mon-Fri, Year 5&6 at Tallebudgera Camp
- Thursday—Jenny McCarthy (PBL) visits

**Week 6**

- Tuesday—Principal away at Regional Principals’ Business Meeting (Highfields)
- Wednesday—Principal away at Regional Principals’ Data Roadshow (Highfields)
- Thursday—P&C Meeting

Warm regards
Terri-Anne

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**Reminders**

**Park and Pick Up at School**

We are all aware that the designated Pick-Up and Drop-Off area for students is at the side of the school on Oberhardt Rd. Thank you all so much for taking care when you park outside of the school. Please remember, that “nose in” parking is the accepted form of parking when parking your car. Please don’t park on the opposite side of the road as this creates the potential for exiting cars to back into those parallel parked. The road is not wide enough to allow for both styles of parking at this stage.

**Absenteeism Changes**

You may have seen the evening television news last week, highlighting **school attendance policy changes** for State Schools. Schools must have notification of absenteeism on the same day or before, your child/ren is away or will be away. In order for this to policy to be implemented well and successfully, parents are asked two things.

1. **Please notify the school either before or on the day your child will be absent.** This can be done in a few ways: phone call, email to me or SMS to me or your child’s teacher. Sending a note on the following day is no longer effective. NB: **The school must be advised each day your child is absent.** If possible, an advance notice of absenteeism via email or phone call is a very effective form of communication. Thank you to those parents who already do this.

2. **Please ensure your email and phone details are up-to-date.** This is extremely important as a staff member will need to contact you if we are not advised as to the reason your child

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**School Uniforms**

As the cool weather descends upon us, it is timely to remind you that our uniform shop is freshly stocked with winter uniform items. We strongly encourage all students to be in correct uniform for the following reasons.

- **The Southbrook Central State School student dress code assists in providing a safe and supportive school environment by:**
  - Allowing ready identification of students;
  - Eliminating distraction of competition in dress and fashion at school;
  - Fostering a sense of belonging; and
  - Developing mutual respect among students through minimising visible evidence of economic or social difference.

There is also a range of second hand uniforms, especially good for those students who are in their last year.
Three common parenting mistakes and what to do instead

Sometimes to get something you want you have to stop doing some of the things you habitually do. If you want to increase your physical fitness you may have to stop some of your sedentary habits (e.g. driving), replacing them with more activity (e.g. walking).
This principle applies as much to parenting as it does to other areas of your life. Often I see parents doing things out of habit for their kids that just don’t cut the mustard if they want their children to be well-behaved and independent.

Here are three common parenting behaviours that parents should never do:

1. **Never give attention to a behaviour you are trying to extinguish**
   If you want your child to stop whining, for example, then resist the temptation to ask him to stop. This inadvertently draws attention to the whining, which will guarantee that it will continue. Instead – move away from the behaviour you don’t want. Do anything but respond to the whining.

2. **Never do for a child something that they can routinely do**
   Once your child can get themselves up in the morning then give this responsibility to them. From time to time they may need a hand to get themselves up and going – often adults stay in bed longer than they should. But once a child has accepted responsibility for something don’t take it away from them. Instead, make it easy for them to take the responsibility (‘How would you like me to help you?’) with gentle reminders and subtle cues.

3. **Never praise your child for a positive habit**
   Are you pleased how your child always packs up their toys at the end of the day? If so (lucky you!), don’t spoil it by praising them for doing what comes naturally. If it’s a habit, then it’s a behaviour that is now embedded into their subconscious mind. Praising it will bring it to their conscious mind – where behaviours come and go. Instead, let them know how a clean room at the end of the day makes you feel – presumably happy, relieved or proud.

There are lots of other behaviours that should go in your never-do list. This is just a start. What else can you think of?
Never talk to a child when you’re angry because you won’t do much of a job.
Never talk to a child while they’re angry because they won’t hear you.
Never… I’ll leave you to finish the list.
P&C Items

This year our P&C volunteers are raising funds for the following:

- ABC Reading Eggs ✓
- Student Insurance ✓
- iPads and Apple mini ✓
- Camp subsidy ✓
- New School Sign In progress
- P&C Noticeboard ✓
- Reading Books ✓

Grant Projects
- Children’s Lunch area beatification project ✓

Student Insurance
Did you know that the P&C pay for student Personal and Accident Insurance every year for your child?

*The policy cover is provided whilst a student is at school and or undertaking school based activities. In addition, the scope of coverage also includes necessary direct journey travel to and from such activities and or the school.*

If you would like more information about this, the P&C have left an information booklet in the staffroom for your convenience or you can access further information from this web address.


^

Tuckshop News
TUCKSHOP HELPERS’ NEEDED FOR TERM 3 PLEASE

TUCKSHOP

Please Do Not staple brown paper bags for safety reasons.

Amy McNab and Kerri Train

School Community Items

Southbrook Possums Playgroup
We meet at the Southbrook Sports Grounds every Monday between 10am and 12 and welcome any new members with children aged from birth to 5 (prior to starting prep).

Playgroup is a place for you and your child to interact with other parents/caregivers and their children, providing opportunities for play and learning.

Playgroup also develops new skills and helps gain confidence by interacting with other children.

Please contact Kerrie on 0409055679 for further details.
## Southbrook Central 2016 School Priorities

**Every student succeeding in Reading and Numeracy**

<table>
<thead>
<tr>
<th>Reading</th>
<th>Numeracy</th>
<th>Curriculum, Teaching and Learning</th>
</tr>
</thead>
<tbody>
<tr>
<td>Effective use of student data to differentiate the teaching of Reading</td>
<td>Effective use of student data to differentiate the teaching of mathematics</td>
<td>Review and update the School Wide Pedagogy Framework and Assessment Schedule</td>
</tr>
<tr>
<td>Consistent use of the CAFÉ Reading Framework across the school</td>
<td>Continued focused Professional Development on the teaching of Mathematics.</td>
<td>Continue to develop Small Schools Curriculum Plan.</td>
</tr>
<tr>
<td>Focused professional development on the teaching of reading</td>
<td>Consistent approach to the teaching of Problem Solving</td>
<td>Continued Professional development opportunities to improve teaching and learning.</td>
</tr>
</tbody>
</table>

### School Banking

School banking continues every Tuesday. Please come and see me if you would like to know more information or would like to become a Dollarmite.

*Mrs Andrews*

### Sporting Schools

**Term 3 - Week 3**

Commences—25th July

- Monday—Golf
- Wednesday—AFL
- Thursday—Softball

We rely on 15 students to continue this program each activity day.

### Southbrook Central’s 5C’s — Values

- **Consideration**
  - Thinking about others
- **Commitment**
  - Always doing my best
- **Courage**
  - Knowing what is right and acting upon it
- **Care**
  - Looking after:
    - Ourselves
    - Our school
- **Courtesy**
  - Using manners in all situations

The value for Weeks 3 & 4 is **COURTESY**, COURTESY is using manners in all situations. Speak politely. Use appropriate language. Be a good sport. Respect privacy.

### Classroom Reminders

**Choc chip biscuits for Tuesday—50 cents each.**

**Term 3 & Term 4**

**NO HOMEWORK CLUB**

**ON THURSDAYS**

Ms Holmes
School Photos

**Student of the Week**

**26th July**

Well Done !! Bon Rickert, Paige Hassall, Lachlan Berghauser, Georgina Roberts, Fletcher Simpson and Harry Marchant.

**Conratulations** ! Alice Train, Bon Rickert, Jasmine Roberts, Chaz McNab, Landon McNab, Darcy Brown, Reagan Collin, Lucy Roberts, Eric Lovell, Sam McGinn and Jessie Friedrichs who will represent Southbrook at the Bunya District Athletic Carnival.

Southbrook win the Rossvale Track and Field Shield for Average points (points divided by enrolment) at the Rossvale Athletic Carnival
Waylan Smith and Trenton McNab hold the Rossvale Track and Field Shield.

**Homework Reading Awards**

Well Done!! To Lucy Roberts, Zane Friedrichs and Reagan Collin.

**Year 5/6 students heading off to Tallebudgera Camp from 8th to 12th August with Mrs Rice.**

2016 Rossvale Athletics Carnival Winning Relay Team

Congratulations Southbrook Senior Relay Team Trenton McNab, Chaz McNab, Jasmine Roberts and Ammara Boyce.

CONGRATULATIONS Prep/ Year 1 !!

The Prep/ Year 1 students ‘show off’ their Home Reading Awards.

**Homework Reading Awards**


Well Done !! Reagan Collin, Chaz McNab, Shelaye McNab, Blair Hassall and Jacob Scobie.

**Student of the Week**

**2nd August**
From Our Chaplain

Reminder:
Homemade cards for sale at office. Please come up and check them out. A steal at $2-00 each!
Apple Juice for sale $5-00 bottle in aid of Chaplaincy.
Karen.

Community Notes

Southbrook Hall Association will be holding a Spring Ball on the 3rd September. Mark this date on your Calendar and WATCH THIS SPACE !!!

Are you stressed out? Struggling with depression or anxiety? Lacking energy? Not sleeping well? Have low self-esteem? Want to lose body fat? Improve strength and bone density?
Regular exercise has been proven to help these things. Imagine yourself leaner, healthier and happier! With unlimited energy to play with your children, giving your whole family the best life!

At Ministry of Movement we have 2 free classes every week for the community. They are run in conjunction with Toowoomba Regional council’s The Change Project.
Every Tuesday night 5:30-6:30pm Body Pump class (Barbell weights workout for everyone looking to lose weight, improve bone health, get toned, total body workout, great music) And Body Balance every Saturday morning 9:30-10:30am (combine the best of yoga, Tai Chi and Pilates, a flowing class reinforcing flexibility and strength, brings your mind and body into perfect harmony) Both classes are taught worldwide and choreographed and an instructor takes you through the entire class. Please just arrive 10-15 mins before class to fill in form and get setup.

If you would like to look and feel great when summer arrives, now is the time to get fit and lose weight. Any questions please call or come in and see us.,
16 Evans Street, Pittsworth
Phone 46933772.